

Comprehensive Supplication of Refuge

Prophetic supplications for protection.

Approved for daily reading by **Sheikh Babikir Ahmed Babikir**.

﴿رَبِّ أَعُوذُ بِكَ مِنْ هَمَزَاتِ الشَّيَاطِينِ * وَأَعُوذُ بِكَ رَبَّ أَنْ يَحْضُرُونِ﴾

"My Lord, I seek refuge in You from the incitements of the devils,
and I seek refuge in You, my Lord, lest they be present with me."

اللَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنَ الْهَمِّ وَالْحَزَنِ. وَأَعُوذُ بِكَ مِنَ الْعَجْزِ وَالْكَسَلِ.
وَأَعُوذُ بِكَ مِنَ الْجُبْنِ وَالْبُخْلِ. وَأَعُوذُ بِكَ مِنْ غَلَبَةِ الدَّيْنِ وَقَهْرِ الرِّجَالِ

(repeat 3 times)

O Allah I seek refuge in You from distress and grief and from incapacity and laziness
and from cowardice and stinginess and from being overwhelmed by debt and the oppression of men

اللَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنَ الْفَقْرِ وَالْعَيْلَةِ وَأَعُوذُ بِكَ مِنْ كُلِّ بَلِيَّةٍ

O Allah I seek refuge in You from poverty and destitution
and I seek refuge in You from every calamity

اللَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنَ الْفَقْرِ إِلَّا إِلَيْكَ
وَمِنَ الدُّلِّ إِلَّا لَكَ وَمِنَ الْخَوْفِ إِلَّا مِنْكَ

O Allah I seek refuge in You from neediness to anyone else but You,
from submissiveness to anyone but You, from fear of anyone but You

وَأَعُوذُ بِكَ أَنْ أَقُولَ زُورًا أَوْ أَغْشَى فُجُورًا أَوْ أَكُونَ بِكَ مَعْرُورًا وَأَعُوذُ بِكَ
مِنْ شِمَاتَةِ الْأَعْدَاءِ وَعُضَالِ الدَّاءِ وَخَيْبَةِ الرَّجَاءِ وَزَوَالِ النِّعْمَةِ وَفُجَاءَةِ
النِّقْمَةِ. اللَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنْ شَرِّ الْخَلْقِ وَهَمِّ الرِّزْقِ وَسُوءِ الْخُلُقِ

And I seek refuge in You from speaking a lie or committing evil or being excluded from You.
I seek refuge in You from the gloating of enemies, from incurable illnesses,
from despair, the loss of blessings and sudden disasters

اللَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنَ الْعَطَبِ وَالنَّصَبِ وَأَعُوذُ بِكَ مِنْ وَعَثَاءِ السَّفَرِ
وَسُوءِ الْمُنْقَلَبِ

O Allah I seek refuge in You from the evil of creation and tire over earning a living and from bad character.
I seek refuge in You from the adversity of travel and an evil return

اللَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنَ الزَّيْغِ وَالْجَزَعِ وَأَعُوذُ بِكَ مِنَ الطَّمَعِ فِي غَيْرِ مَطْمَعٍ

O Allah I seek refuge in You from transgression and anxiety,
and I seek refuge in You from desire that cannot be satisfied

اللَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنَ الْفِتَنِ مَا ظَهَرَ مِنْهَا وَمَا بَطَنَ (repeat 3 times)

O Allah I seek refuge in You from trails that mislead me from You,
those that are apparent and those that are hidden

أَعُوذُ بِكَلِمَاتِ اللَّهِ التَّامَّاتِ مِنْ شَرِّ مَا خَلَقَ (repeat 3 times)

I seek refuge in the Perfect words of Allah from the evil of that which He has created

اللَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنْ أَنْ أَظْلِمَ أَوْ أُظْلَمَ أَوْ أَظْلِمَ أَوْ أُظْلَمَ أَوْ يُبْغَى عَلَيَّ أَوْ
أُطْغَى أَوْ يُطْغَى عَلَيَّ

O Allah I seek refuge in You from oppressing or being oppressed, from transgressing
and from the transgressions of others upon me, and from tyrannising and the tyranny of others upon me

اللَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنَ الشَّكِّ وَالشِّرْكِ الظَّاهِرِ وَالْخَفِيِّ وَالظُّلْمِ وَالْجَوْرِ مِنِّي
وَعَلَيَّ

O Allah I seek refuge in You from doubt, and shirk whether manifest or in secret. I seek refuge in You from oppression and sin from me or upon me

اللَّهُمَّ اجْعَلْنِي مِنْكَ فِي عِيَادٍ مَنِيعٍ وَحِزْرٍ حَصِينٍ مِنْ جَمِيعِ خَلْقِكَ حَتَّى
تُبَلِّغَنِي أَجَلِي مُعَافًى مِنْ كُلِّ بَلِيَّةٍ فِي دِينِي وَدُنْيَايَ وَبَدَنِي وَأَهْلِي وَأَصْحَابِي
وَأَحِبَّائِي يَا رَبَّ الْعَالَمِينَ

O Allah place me within an impenetrable refuge and a protected fortress granted by You against all Your creation so that You cause me to reach my
appointed time safe from every trail in my faith and daily life and in my body and amongst my family and friends and loved ones, O Lord of the
worlds

اَللّٰهُمَّ اِنِّيْ اَسْأَلُكَ لِيْ وَلَهُمْ مِنْ كُلِّ خَيْرٍ سَأَلَكَ مِنْهُ سَيِّدُنَا مُحَمَّدٌ نَبِيُّكَ
وَرَسُوْلُكَ صَلَّى اللّٰهُ عَلَيْهِ وَسَلَّمَ وَاَعُوْذُ بِكَ مِنْ كُلِّ شَرٍّ اِسْتَعَاذَكَ مِنْهُ
سَيِّدُنَا مُحَمَّدٌ نَبِيُّكَ وَرَسُوْلُكَ صَلَّى اللّٰهُ عَلَيْهِ وَسَلَّمَ

O Allah I ask You for myself and for other every good that our master Muhammad, Your Prophet and Messenger asked for. I seek refuge in You from the evil of everything which our master Muhammad, Your Prophet and Messenger sought refuge in You from

﴿رَبَّنَا آتِنَا فِي الدُّنْيَا حَسَنَةً وَفِي الْآخِرَةِ حَسَنَةً وَقِنَا عَذَابَ النَّارِ﴾

Our Lord, give us in this world [that which is] good and in the Hereafter [that which is] good and protect us from the punishment of the Fire.

﴿رَبَّنَا لَا تُزِغْ قُلُوْبَنَا بَعْدَ اِذْ هَدَيْتَنَا وَهَبْ لَنَا مِنْ لَدُنْكَ رَحْمَةً ۚ اِنَّكَ اَنْتَ
الْوَهَّابُ﴾

Our Lord, let not our hearts deviate after You have guided us and grant us from Yourself mercy.
Indeed, You are the Bestower.

﴿اِنَّ اللّٰهَ وَمَلَائِكَتَهُ يُصَلُّوْنَ عَلَى النَّبِيِّ ۚ يَا أَيُّهَا الَّذِيْنَ اٰمَنُوْا صَلُّوْا عَلَيْهِ
وَسَلِّمُوْا تَسْلِيْمًا﴾

Indeed, Allah and His angels send blessings upon the Prophet.
O you who believe send blessings upon him and peace abundantly

اَللّٰهُمَّ صَلِّ عَلَى سَيِّدِنَا مُحَمَّدٍ صَلَاةَ عَبْدٍ قَلَّتْ حِيَلُهُ وَرَسُوْلُ اللّٰهِ وَسِيْلَتُهُ
فَاَنْتَ لَهَا يَا اِلٰهِيْ وَلِكُلِّ كَرْبٍ عَظِيْمٍ فَفَرِّجْ عَنَّا مَا نَحْنُ فِيْهِ بِفَضْلِ

(بِسْمِ اللّٰهِ الرَّحْمٰنِ الرَّحِيْمِ) 50 x

O Allah send blessings upon our master Muhammad, a blessing from a slave whose ability has become weak but has the Messenger of Allah as his means. For You are Greater over every problem, O God! So grant us relief from that which we are in by the blessing of In the Name of the Most Merciful the Compassionate – (repeat the basmala 50 times here)

اَللّٰهُمَّ يَا ذَا السُّلْطَانِ الْعَظِيْمِ وَالْمَنْ الْقَدِيْمِ وَالْوَجْهَ الْكَرِيْمِ. يَا ذَا الْكَلِمَاتِ
التَّامَّاتِ وَالِدَّعَوَاتِ الْمُسْتَجَابَاتِ عَافِ (mention name here) مِنْ اَنْفُسِ الْجِيْنِ
وَاَعْيُنِ الْاِنْسِ

O Allah, O Possessor of the Greatest Authority, of Pre-Eternal favour, and the Noblest Countenance, O Owner of the Perfect words and answered supplication, grant well-being to (mention name) from the breath of Jinn and the eyes of people

[The Prophet ﷺ said to his Companions, 'Recite this over your children and women for no supplicant has sought refuge in anything like it.' (Related in Kanz ul-Ummah)]

اُعِيْذُ نَفْسِيْ بِالْوَاحِدِ مِنْ شَرِّ كُلِّ حَاسِدٍ وَكُلِّ خَلْقٍ رَّائِدٍ يَّأْخُذُ بِالْمَرَاصِدِ
يُكَلِّمُ النَّاسَ

I protect myself with the One from the evil of every envier and from every creature that sits and watches

اَللّٰهُمَّ رَبَّ السَّمَاوَاتِ السَّبْعِ وَالْاَرْضِيْنَ السَّبْعِ وَمَنْ فِيْهِنَّ وَمَنْ عَلَيْهِنَّ.
اَعُوْذُ بِكَ مِنْ اَنْفُسِ الْجِيْنِ وَاَعْيُنِ الْاِنْسِ

O Allah, Lord of the seven heavens and the seven earths and of everything therein and upon it. I seek refuge in You from the breath of Jinn and the eyes of the people